

# **Prophet Elias News**

News in a time of pandemic for the Orthodox Church of the Holy Prophet Elias in Devon

**UKRAINE BULLETIN 2** 

7<sup>th</sup> March 2022

## **But What Can I DO?**

## 1. Donate essential supplies

Exeter Friends of Ukraine are collecting essential supplies for delivery into Ukraine. Contributions can be taken to the parish office of the Church of the Blessed Sacrament in Heavitree between 10-4 Tuesday, Wednesday and Thursday. There is plenty of parking space outside the church. The office is in the building to the right of the church, through the gate in the wooden fence.

Please take only items listed.

### **URGENT UPDATED AID LIST**

Our support Ukraine UK Appeal has put together an Essential list of aid for Ukraine. This is for our soldiers families, children, doctors and volunteers in Ukraine. NO clothes, footwear, toys or books please. Our group wants to utilise the space with essential aid only.

Below is our updated list - PLEASE LABEL DONATIONS with which category of items are inside the bag, or preferably a box. This helps sorting them much easier. Thank you!

More details at: Exeter Friends of Ukraine | Facebook

#### **MEDICAL** FOOD / DRINK **CLOTHING TOOLS** - First aid kits. - Protein bars. - Thermal vests/pants. - Spanners. - Socket sets. - Field bandages. - Balaclavas. - 3 in 1 coffee - Paracetamol. - Torches with batteries. - Shoe inserts. sachets. - Ibuprofen. - Hand and feet warmers. - Walkie talkies. Small packets of - Cold/Flu treatment. - Waterproof ground sheets / Opaque tights for warmth nuts/raisins. - Antiseptic cream. sleeping mats. for both men and women - Bandages. Peanut butter in Headwork lights (large size). - Sterile dressings. plastic jars. ( preferably red light ). Snoods ( care with colour ). - Surgical tape. Cupasoups. - Fingerless mittens. - Wound closure strips. Dry bags (dark colours). - Cheap reading glasses - Multivitamins. **TOILETRIES** - Tow ropes. from £shop. - Vicks Vapour rub. - Toothbrushes. - Thermal blankets. - Barrier cream. - Toothpaste. - Foil body wraps. - Cough syrup. - Boot driers. - Body wash. - Antiseptic body wipes. - Plastic cups, plates and cutlery. - Wet wipes. - Hand gel. - Diesel generators. - Pocket tissues. - Blood bags. - Shower gel. - Pampers. - Sanitary towels. - Tampons.

## 2. Donate money

Exeter University's Global Exeter site has a comprehensive listing of organisations involved in aid to Ukraine you can donate money to. Go to: https://www.exeter.ac.uk/global/ukraine/aid

£150 was collected at Saint Anne's on Sunday; this will be sent to Ukrainian Humanitarian Fund UN Crisis Relief.

You can also contribute via our Archdiocese by bank transfer to:

Account type: Community Account

Account Name: Greek Orthodox Archdiocese of Thyateira and Great Britain

Account No: **43198369**Sort Code: **23-05-80**Memo: Ukraine Relief

The animal welfare charity PETA are working to help refugees care for their pets in very difficult circumstances. Donations can be made at: <a href="https://www.ursances.com/uRGENT: Help Animals in Ukraine!">URGENT: Help Animals in Ukraine!</a> | People for the Ethical Treatment of Animals (peta.org.uk)

The online veterinary service PawSquad is offering free advice via video, audio, chat or text to refugees and people trapped with their pets in Ukraine https://www.pawsquad.com

## 3. Make Your Voice Heard

You can sign the letter of solidarity with the people of Ukraine initiated by the Orthodox journal *The Wheel:* 

## Letter of Solidarity with the People of Ukraine

On February 24, 2022, President Vladimir Putin of the Russian Federation authorized a "special military operation" in Ukraine for the purposes of demilitarization and "denazification." In recent weeks, we have witnessed Putin attempt to justify this attack on the pretext of a gross distortion of Ukrainian history and unsubstantiated allegations of genocide in Donbas. As of this writing, Russia has attacked Ukraine in multiple regions spanning the entire country, far outside of Donbas. The Russian attack has resulted in casualties and has terrorized Ukrainian citizens. Putin's impunity extends beyond Ukraine, as he has threatened anyone who attempts to intervene with military retaliation. Putin accused the Ukrainian government of preparing a crackdown on the Ukrainian Orthodox Church of the Moscow Patriarchate, and yet it is his invasion that has endangered the lives of members of this Church, along with all citizens of Ukraine.

We the undersigned represent clergy, faithful, scholars, students, and fellows of the Orthodox Church in particular and Eastern Christianity in general. We condemn Putin's malicious attack on Ukraine and call upon world leaders – political and religious – to bring him to justice for his crimes. We express our solidarity with citizens of Ukraine of all ethnic and religious backgrounds and express our sincere sorrow for those who have lost loved ones during the attacks. May their memories be eternal.

For the list of signatories and to add your name go to Letter of solidarity with the people of Ukraine — The Wheel (squarespace.com)

**4. Immigration advice:** You can find immigration advice on temporary concessions for Ukrainian nationals applying to join a family route at <a href="https://buff.ly/zx24mk">https://buff.ly/zx24mk</a>